



**Shri Vaishnav Vidyapeeth Vishwavidyalaya, Indore**  
**Shri Vaishnav Institute of Social Sciences, Humanities and Arts**  
**Choice Based Credit System (CBCS) in Light of NEP-2020**  
**B.A. (Hons) Psychology**  
**Semester VI (2021-2024)**

COURSE CODE	CATEGORY	COURSE NAME	TEACHING & EVALUATION SCHEME								
			THEORY			PRACTICAL		L	T	P	CREDITS
			END SEM University Exam	Two Term Exam	Teachers Assessment*	END SEM University Exam	Teachers Assessment*				
<b>BAHNPSY601</b>	<b>CC</b>	<b>Clinical Psychology</b>	<b>60</b>	<b>20</b>	<b>20</b>	<b>0</b>	<b>0</b>	<b>3</b>	<b>0</b>	<b>0</b>	<b>3</b>

**Legends:** L - Lecture; T - Tutorial/Teacher Guided Student Activity; P – Practical; C - Credit.

\***Teacher Assessment** shall be based following components: Quiz/Assignment/ Project/Participation in Class, given that no component shall exceed more than 10 marks.

**Course Educational Objective (CEOs):** The students will be able to:

**CEO1:** Know the role of Clinical Psychologist in Different Fields.

**COE2:** Familiarity with Different models & perspectives of clinical psychology

**COE3:** Understand the Methods of Evaluating Clinical Intervention, Problems Involved in Evaluation of Clinical Intervention

**COE:4** Familiarity with the Application & practical approach in clinical psychology

**COE5:** Familiar with different therapeutic models of India.

**Course Outcome (Cos):** The students will be able to:

**CO1:** Understand the role of Clinical Psychologist in different areas.

**CO2:** Explore applied side of Clinical Psychology

**CO3:** Identify application & practical approach in clinical psychology

**CO4:** Explore different career options in clinical psychology

**CO5:** Apply the various Indian therapeutic model in clinical setting.

**Chairperson**

Board of Studies  
Shri Vaishnav Vidyapeeth  
Vishwavidyalaya, Indore

**Chairperson**

Faculty of Studies  
Shri Vaishnav Vidyapeeth  
Vishwavidyalaya, Indore

**Controller of Examination**

Shri Vaishnav Vidyapeeth  
Vishwavidyalaya, Indore

**Joint Registrar**

Shri Vaishnav Vidyapeeth  
Vishwavidyalaya, Indore



**Shri Vaishnav Vidyapeeth Vishwavidyalaya, Indore**  
**Shri Vaishnav Institute of Social Sciences, Humanities and Arts**  
**Choice Based Credit System (CBCS) in Light of NEP-2020**  
**B.A. (Hons) Psychology**  
**Semester VI (2021-2024)**

COURSE CODE	CATEGORY	COURSE NAME	TEACHING & EVALUATION SCHEME								
			THEORY			PRACTICAL		L	T	P	CREDITS
			END SEM University Exam	Two Term Exam	Teachers Assessment*	END SEM University Exam	Teachers Assessment*				
BAHNPSY601	CC	Clinical Psychology	60	20	20	0	0	3	0	0	3

**BAHNPSY601**  
**Clinical Psychology**

**Contents**

**Unit I**

**Introduction of Clinical Psychology:** Meaning, Nature, Brief History, Development of Clinical Psychology in India, Role Clinical Psychologist in Different Fields.

**Unit II**

**Models of Clinical Psychology:** Psychodynamic Model, Behavioral Model, Humanistic - Existential Model and Elective approach.

**Unit III**

**Clinical Assessment:** Meaning, Types, Purpose, Stages/Process of Clinical Assessment.

**Techniques of Clinical Assessment:** Case Study, Clinical Interview, MSE.

**Unit IV**

**Clinical Intervention:** Methods, and Problems Involved in Evaluation of Clinical Intervention, Ethical and professional issues, Policies related to mental health in India.

**Unit V**

**Indian Approaches:**

- a) Integral Yoga of Shri Arvindo
- b) Spiritual Therapy
- c) Changing Trends in Counselling

**Chairperson**

Board of Studies  
 Shri Vaishnav Vidyapeeth  
 Vishwavidyalaya, Indore

**Chairperson**

Faculty of Studies  
 Shri Vaishnav Vidyapeeth  
 Vishwavidyalaya, Indore

**Controller of Examination**

Shri Vaishnav Vidyapeeth  
 Vishwavidyalaya, Indore

**Joint Registrar**

Shri Vaishnav Vidyapeeth  
 Vishwavidyalaya, Indore



**Shri Vaishnav Vidyapeeth Vishwavidyalaya, Indore**  
**Shri Vaishnav Institute of Social Sciences, Humanities and Arts**  
**Choice Based Credit System (CBCS) in Light of NEP-2020**  
**B.A. (Hons) Psychology**  
**Semester VI (2021-2024)**

COURSE CODE	CATEGORY	COURSE NAME	TEACHING & EVALUATION SCHEME								
			THEORY			PRACTICAL		L	T	P	CREDITS
			END SEM University Exam	Two Term Exam	Teachers Assessment*	END SEM University Exam	Teachers Assessment*				
<b>BAHNPSY601</b>	<b>CC</b>	<b>Clinical Psychology</b>	<b>60</b>	<b>20</b>	<b>20</b>	<b>0</b>	<b>0</b>	<b>3</b>	<b>0</b>	<b>0</b>	<b>3</b>

**Recommended Readings:**

- Korchin, S.J. (1976). **Modern Clinical Psychology**. CBS Publication, Delhi.
- Wolman, B.B. (ed.) (1975). **Handbook of Clinical Psychology**. New York: McGraw-Hill.
- Goldenberg, H. (1983). **Contemporary Clinical Psychology** (2nd Ed.) New York.
- Wolman, B.B. (1978). **Clinical Diagnosis of Mental Disorders: A Handbook**. N.Y. Plenum.
- Nietzel, M.T. Bernstein, D.A. & Misich, R (1998). **Introduction of Clinical Psychology** (5th Ed.). New Jersey: Prentice Hall.

**Chairperson**

Board of Studies  
 Shri Vaishnav Vidyapeeth  
 Vishwavidyalaya, Indore

**Chairperson**

Faculty of Studies  
 Shri Vaishnav Vidyapeeth  
 Vishwavidyalaya, Indore

**Controller of Examination**

Shri Vaishnav Vidyapeeth  
 Vishwavidyalaya, Indore

**Joint Registrar**

Shri Vaishnav Vidyapeeth  
 Vishwavidyalaya, Indore



**Shri Vaishnav Vidyapeeth Vishwavidyalaya, Indore**  
**Shri Vaishnav Institute of Social Sciences, Humanities and Arts**  
**Choice Based Credit System (CBCS) in Light of NEP-2020**  
**B.A. (Hons) Psychology**  
**Semester VI (2021-2024)**

COURSE CODE	CATEGORY	COURSE NAME	TEACHING & EVALUATION SCHEME									
			THEORY			PRACTICAL			L	T	P	CREDITS
			END SEM University Exam	Two Term Exam	Teachers Assessment*	END SEM University Exam	Teachers Assessment*					
<b>BAHNPSY 602 E1</b>	<b>CC</b>	<b>Guidance and Counseling</b>	<b>60</b>	<b>20</b>	<b>20</b>	<b>0</b>	<b>0</b>	<b>3</b>	<b>0</b>	<b>0</b>	<b>3</b>	

**Legends:** L - Lecture; T - Tutorial/Teacher Guided Student Activity; P – Practical; C - Credit.

\***Teacher Assessment** shall be based following components: Quiz/Assignment/ Project/Participation in Class, given that no component shall exceed more than 10 marks.

**Course Educational Objectives (CEOs):**

- CEO1: To understand nature and scope of guidance.
- CEO2: To understand goals of counselling.
- CEO3: To learn about techniques of counselling.
- CEO4: To familiarize with counselling applications.
- CEO5: To learn contemporary trends.

**Course Outcomes (COs):** The student will be able to:

- CO1: Explain the areas of guidance.
- CO2: Evaluate counselling relationship.
- CO3: Explain techniques of counselling.
- CO4: Elaborate applications of counselling.
- CO5: Classify contemporary trends.

**Chairperson**

Board of Studies  
Shri Vaishnav Vidyapeeth  
Vishwavidyalaya, Indore

**Chairperson**

Faculty of Studies  
Shri Vaishnav Vidyapeeth  
Vishwavidyalaya, Indore

**Controller of Examination**

Shri Vaishnav Vidyapeeth  
Vishwavidyalaya, Indore

**Joint Registrar**

Shri Vaishnav Vidyapeeth  
Vishwavidyalaya, Indore



**Shri Vaishnav Vidyapeeth Vishwavidyalaya, Indore**  
**Shri Vaishnav Institute of Social Sciences, Humanities and Arts**  
**Choice Based Credit System (CBCS) in Light of NEP-2020**  
**BA (Hons) Psychology**  
**Semester VI (2021-2024)**

COURSE CODE	CATEG ORY	COURSE NAME	TEACHING & EVALUATION SCHEME								
			THEORY			PRACTICAL		L	T	P	CREDITS
			END SEM University Exam	Two Term Exam	Teachers Assessment*	END SEM University Exam	Teachers Assessment*				
<b>BAHNPSY 602 E1</b>	<b>CC</b>	<b>Guidance and Counseling</b>	<b>60</b>	<b>20</b>	<b>20</b>	<b>0</b>	<b>0</b>	<b>3</b>	<b>0</b>	<b>0</b>	<b>3</b>

**BAHNPSY602 E1**  
**Guidance and Counselling**

**Contents**

**Unit I**

**Nature and Scope of Guidance-** Meaning, objectives, basic principles involved in guidance, Areas of Guidance: Personal, educational, vocational and in medical set up, Difference between Guidance, Counselling and Psychotherapy.

**Unit II**

**Introduction and Goal of Counselling-** Meaning and goals, Counselling as a profession: Training, skills and ethics, The effective counsellor: Personality and self of the counsellor, Counselling process and relationship.

**Unit III**

**Techniques Of Counselling-** Psychoanalytic techniques, Behavioral techniques, Cognitive techniques, REBT technique.

**Unit IV**

**Applications of Counselling-** Crisis intervention, Suicide, grief, sexual abuse; Stress management, and Conflict management.

**Unit V**

**Contemporary Trends-** Indian approaches: Yoga and Meditation, Counselling and Technology, Expressive techniques: Art, Music, Dance.

**Chairperson**  
Board of Studies  
Shri Vaishnav Vidyapeeth  
Vishwavidyalaya, Indore

**Chairperson**  
Faculty of Studies  
Shri Vaishnav Vidyapeeth  
Vishwavidyalaya, Indore

**Controller of Examination**  
Shri Vaishnav Vidyapeeth  
Vishwavidyalaya, Indore

**Joint Registrar**  
Shri Vaishnav Vidyapeeth  
Vishwavidyalaya, Indore



**Shri Vaishnav Vidyapeeth Vishwavidyalaya, Indore**  
**Shri Vaishnav Institute of Social Sciences, Humanities and Arts**  
**Choice Based Credit System (CBCS) in Light of NEP-2020**  
**BA HONS PSYCHOLOGY**  
**Semester VI (Batch 2021-2024)**

COURSE CODE	CATEGOR Y	COURSE NAME	TEACHING & EVALUATION SCHEME								
			THEORY			PRACTICAL		L	T	P	CREDITS
			END SEM University Exam	Two Term Exam	Teachers Assessment*	END SEM University Exam	Teachers Assessment*				
<b>BAHNPSY 602 E1</b>	<b>CC</b>	<b>Guidance and Counseling</b>	<b>60</b>	<b>20</b>	<b>20</b>	<b>0</b>	<b>0</b>	<b>3</b>	<b>0</b>	<b>0</b>	<b>3</b>

**Recommended Readings:**

- Friedlander, M.L. & Diamond, G.M. (2012). Couple and family therapy. In E. M. Altmaier and J.C. Hansen (Eds.) *The Oxford handbook of counselling psychology*. New York: Oxford University Press.
- Geldard, K. & Geldard, D. (2011). *Counselling children: A practical introduction* (3<sup>rd</sup> Ed.) New Delhi: Sage.
- Gibson, R. L. & Mitchell, M. H. (2012). *Introduction to counselling and guidance* (7<sup>th</sup> Ed.) New Delhi: Pearson.
- Gladding, S. T. (2012). *Counselling: A comprehensive profession*. (7<sup>th</sup> Ed) New Delhi: Pearson.
- Hackney, H.L. & Bernard, J. M. (2017). *The professional counselor: A process guide to helping* (8<sup>th</sup> Ed.). New Delhi: Pearson.

**Chairperson**

Board of Studies  
 Shri Vaishnav Vidyapeeth  
 Vishwavidyalaya, Indore

**Chairperson**

Faculty of Studies  
 Shri Vaishnav Vidyapeeth  
 Vishwavidyalaya, Indore

**Controller of Examination**

Shri Vaishnav Vidyapeeth  
 Vishwavidyalaya, Indore

**Joint Registrar**

Shri Vaishnav Vidyapeeth  
 Vishwavidyalaya, Indore



**Shri Vaishnav Vidyapeeth Vishwavidyalaya, Indore**  
**Shri Vaishnav Institute of Social Sciences, Humanities and Arts**  
**Choice Based Credit System (CBCS) in Light of NEP-2020**  
**BA HONS PSYCHOLOGY**  
**Semester VI (Batch 2021-2024)**

COURSE CODE	CATEGORY	COURSE NAME	TEACHING & EVALUATION SCHEME								
			THEORY			PRACTICAL		L	T	P	CREDITS
			END SEM University Exam	Two Term Exam	Teachers Assessment*	END SEM University Exam	Teachers Assessment*				
<b>BAHNPSY603 -E2</b>	<b>DSE</b>	<b>Sports and Exercise Psychology</b>	<b>60</b>	<b>20</b>	<b>20</b>	<b>0</b>	<b>0</b>	<b>3</b>	<b>0</b>	<b>0</b>	<b>3</b>

Legends: L - Lecture; T - Tutorial/Teacher Guided Student Activity; P – Practical; C - Credit; Q/A– Quiz/Assignment/Attendance, MST Mid Sem Test.

**Course Educational Objectives (CEOs):**

- CEO1: To know evolving field of sports psychology and exercise psychology
- CEO2: To learn role of personality in sports
- CEO3: To understand the level of motivation and performance in sports.
- CEO4: To learn strategies for enhancing confidence in athlete on ground.
- CEO5: To learn the social and psychological skills for developing a trusting relationship in athletes.

**Course Outcomes (COs):**

- CO1: Familiarizing with the evolving field of sports and exercise psychology as a profession and having knowledge about its specialties particularly clinical-sport psychology and educational psychology
- CO2: Developing a critical understanding of general personality approaches as well as the sport specific personality approaches.
- CO3: Understanding the motivational processes for sport and exercise participation especially in the context of achievement motivation and ways of enhancing it.
- CO4: Knowing the key aspects of designing and implementing a psychological skills training program and the important psychological skills in training (e.g. focusing attention, arousal regulation, enhancing confidence, and improving motivation.)
- CO5: Developing an effective social and psychological skills for trusting relationship in sportspersons.

**Chairperson**

Board of Studies  
 Shri Vaishnav Vidyapeeth  
 Vishwavidyalaya, Indore

**Chairperson**

Faculty of Studies  
 Shri Vaishnav Vidyapeeth  
 Vishwavidyalaya, Indore

**Controller of Examination**

Shri Vaishnav Vidyapeeth  
 Vishwavidyalaya, Indore

**Joint Registrar**

Shri Vaishnav Vidyapeeth  
 Vishwavidyalaya, Indore



**Shri Vaishnav Vidyapeeth Vishwavidyalaya, Indore**  
**Shri Vaishnav Institute of Social Sciences, Humanities and Arts**  
**Choice Based Credit System (CBCS) in Light of NEP-2020**  
**BA HONS PSYCHOLOGY**  
**Semester VI (Batch 2021-2024)**

COURSE CODE	CATEGORY	COURSE NAME	TEACHING & EVALUATION SCHEME								
			THEORY			PRACTICAL		L	T	P	CREDITS
			END SEM University Exam	Two Term Exam	Teachers Assessment*	END SEM University Exam	Teachers Assessment*				
<b>BAHNPSY603-E2</b>	<b>DSE</b>	<b>Sports and Exercise Psychology</b>	<b>60</b>	<b>20</b>	<b>20</b>	<b>0</b>	<b>0</b>	<b>3</b>	<b>0</b>	<b>0</b>	<b>3</b>

**BAHNPSY603-E2**  
**Sports and Exercise Psychology**

**Contents:**

**Unit-I**

**Introduction:** Meaning and History of sport and exercise psychology, Sport psychology specialties: Clinical-sport psychology, Role of exercise and sport psychologists – teaching, research and consultation.

**Unit-II**

**Personality and sport:** Meaning and Approaches of personality, Personality testing in sport and exercise, Sport personality questionnaire, Personality type and sport performance.

**Unit-III**

**Motivation:** Definition and views, Guidelines for building motivation: Role of coaching and mentoring, Achievement motivation and competitiveness, Developing achievement motivation in sports persons

**Unit-IV**

**Enhancing Performance and Self-Confidence:** Psychological skills training (PST): PST knowledge base and its effectiveness, Phases of PST programs: Education and practice, Designing and implementing a PST program: Defining self-confidence.

**Chairperson**

Board of Studies  
Shri Vaishnav Vidyapeeth  
Vishwavidyalaya, Indore

**Chairperson**

Faculty of Studies  
Shri Vaishnav Vidyapeeth  
Vishwavidyalaya, Indore

**Controller of Examination**

Shri Vaishnav Vidyapeeth  
Vishwavidyalaya, Indore

**Joint Registrar**

Shri Vaishnav Vidyapeeth  
Vishwavidyalaya, Indore





**Shri Vaishnav Vidyapeeth Vishwavidyalaya, Indore**  
**Shri Vaishnav Institute of Social Sciences, Humanities and Arts**  
**Choice Based Credit System (CBCS) in Light of NEP-2020**  
**BA HONS PSYCHOLOGY**  
**Semester VI (Batch 2021-2024)**

COURSE CODE	CATEGORY	COURSE NAME	TEACHING & EVALUATION SCHEME								
			THEORY			PRACTICAL		L	T	P	CREDITS
			END SEM University Exam	Two Term Exam	Teachers Assessment*	END SEM University Exam	Teachers Assessment*				
<b>BAHNPSY603 -E2</b>	<b>DSE</b>	<b>Sports and Exercise Psychology</b>	<b>60</b>	<b>20</b>	<b>20</b>	<b>0</b>	<b>0</b>	<b>3</b>	<b>0</b>	<b>0</b>	<b>3</b>

**Unit-V**

**Social and Psychological Dimensions:** Teams and Team Performance: Aggression, Cohesion and Audience Effect, Leadership in Sports; Competition and Cooperation.

**Recommended Readings:**

- Cox, R.H (2002) Sport Psychology: Concepts and Applications (5th edition) Boston: McGraw-Hill.
- Robert, G.C., Spink, K.S., and Pemberton, C.L (1999) Learning Experiences in Sport Psychology (2nd edition), Champaign, IL: Human Kinetics. Leunes.
- A and Nation, J.R (2002) Sports Psychology. USA: Thomson Learning. Andersen, M.B. (2005). Sport Psychology in Practice.
- Horn, T. S. (Ed.) (2002). *Advances in sport psychology*. USA: Human Kinetics Publishers.
- Weinberg, R. S., & Gould, D. (2003). *Foundations of sport and exercise psychology*. USA: Human Kinetics Publishers, Inc.

**Chairperson**

Board of Studies  
Shri Vaishnav Vidyapeeth  
Vishwavidyalaya, Indore

**Chairperson**

Faculty of Studies  
Shri Vaishnav Vidyapeeth  
Vishwavidyalaya, Indore

**Controller of Examination**

Shri Vaishnav Vidyapeeth  
Vishwavidyalaya, Indore

**Joint Registrar**

Shri Vaishnav Vidyapeeth  
Vishwavidyalaya, Indore



**Shri Vaishnav Vidyapeeth Vishwavidyalaya, Indore**  
**Shri Vaishnav Institute of Social Sciences, Humanities and Arts**  
**Choice Based Credit System (CBCS) in Light of NEP-2020**  
**BA HONS PSYCHOLOGY**  
**Semester VI (Batch 2021-2024)**

COURSE CODE	CATEGORY	COURSENAME	L	T	P	CREDITS	TEACHING&EVALUATIONScheme				
							THEORY			PRACTICAL	
							ENDSEM University Exam	Two Term Exam	Teachers Assessment*	ENDSEM University Exam	Teachers Assessment*
<b>BAHNPS Y602 E3</b>	<b>DSE</b>	<b>Culture and Human Behavior</b>	<b>3</b>	<b>0</b>	<b>0</b>	<b>3</b>	<b>60</b>	<b>20</b>	<b>20</b>	<b>0</b>	<b>0</b>

Legends: L - Lecture; T - Tutorial/Teacher Guided Student Activity; P – Practical; C - Credit; Q/A– Quiz/Assignment/Attendance, MST Mid Sem Test.

**Course Educational Objectives (CEOs):** The students will be able to:

- Introduce concepts of culture related to humanbehavior
- Discuss Culture and intelligence
- Explain biological and cultural factors in intelligence.

**Course Outcome (Cos):** The students should be able to:

- Acquaint students with culture, Culture and emotion.
- Help students to learn the scientific methods of study.

**Chairperson**

Board of Studies  
 Shri Vaishnav Vidyapeeth  
 Vishwavidyalaya, Indore

**Chairperson**

Faculty of Studies  
 Shri Vaishnav Vidyapeeth  
 Vishwavidyalaya, Indore

**Controller of Examination**

Shri Vaishnav Vidyapeeth  
 Vishwavidyalaya, Indore

**Joint Registrar**

Shri Vaishnav Vidyapeeth  
 Vishwavidyalaya, Indore



**Shri Vaishnav Vidyapeeth Vishwavidyalaya, Indore**  
**Shri Vaishnav Institute of Social Sciences, Humanities and Arts**  
**Choice Based Credit System (CBCS) in Light of NEP-2020**  
**BA (Honors) Psychology**  
**Semester VI (Batch 2021-2024)**

COURSE CODE	CATEGORY	COURSENAME	L	T	P	CREDITS	TEACHING&EVALUATIONScheme				
							THEORY			PRACTICAL	
							ENDSEM University Exam	Two Term Exam	Teachers Assessment*	ENDSEM University Exam	Teachers Assessment*
<b>BAHNPS Y602 E3</b>	<b>DSE</b>	<b>Culture and Human Behavior</b>	<b>3</b>	<b>0</b>	<b>0</b>	<b>3</b>	<b>60</b>	<b>20</b>	<b>20</b>	<b>0</b>	<b>0</b>

**BAHNPSY 602 E3**  
**Culture and Human Behavior**

**Unit1.**

Introduction: Concept of culture; cross-cultural and cultural psychology; socio-biological and eco-cultural approaches; ethnocentrism, culture relativism and multiculturalism.

**Unit 2.**

Methods of study: Observation, survey and Interview methods: types and advantages. Relevance of qualitative methods. Ethnography research.

**Unit 3.**

Sensation and perception: Sensory preferences; color and depth perception; interpreting patterns and pictures; perception of time.

**Unit4**

Culture and emotion: Similarities and differences in emotions; physiological arousal and evaluations, experience and expression of emotions; emotion and judgment.

**Unit 5.**

Cultural competence: Meaning and Nature, Concept of CQ and its applications and measurement, determinants of CQ.

**Chairperson**

Board of Studies  
Shri Vaishnav Vidyapeeth  
Vishwavidyalaya, Indore

**Chairperson**

Faculty of Studies  
Shri Vaishnav Vidyapeeth  
Vishwavidyalaya, Indore

**Controller of Examination**

Shri Vaishnav Vidyapeeth  
Vishwavidyalaya, Indore

**Joint Registrar**

Shri Vaishnav Vidyapeeth  
Vishwavidyalaya, Indore



**Shri Vaishnav Vidyapeeth Vishwavidyalaya, Indore**  
**Shri Vaishnav Institute of Social Sciences, Humanities and Arts**  
**Choice Based Credit System (CBCS) in Light of NEP-2020**  
**BA (Honors) Psychology**  
**Semester VI (Batch 2021-2024)**

**Recommended Books:**

- Berry, J. W., Poortinga, Y. H., Segall, M. H., & Dasen, P. R. (2010). Cross-cultural psychology: Research and applications. New York: Cambridge University Press.
- Matsumoto, D. (2001). The handbook of culture and psychology. New York: Oxford University Press.
- Ratner, C. (2008). Cultural psychology: Cross-cultural psychology and indigenous psychology. NY: Nova Science Publisher Inc.
- Segall, M. H., Dasen, P. R., Berry, J. W., Poortinga, Y. H. (1999). Human behaviors in global perspective. Needham Heights, MA: Allyn & Bacon.
- Shiraev, E., & Levy, D. (2009). Cross-cultural psychology. Delhi: Pearson Education.
- G. Misra (Ed.), **Handbook of Psychology**. New Delhi: Oxford University Press.

**Chairperson**

Board of Studies  
Shri Vaishnav Vidyapeeth  
Vishwavidyalaya, Indore

**Chairperson**

Faculty of Studies  
Shri Vaishnav Vidyapeeth  
Vishwavidyalaya, Indore

**Controller of Examination**

Shri Vaishnav Vidyapeeth  
Vishwavidyalaya, Indore

**Joint Registrar**

Shri Vaishnav Vidyapeeth  
Vishwavidyalaya, Indore



**Shri Vaishnav Vidyapeeth Vishwavidyalaya, Indore**  
**Shri Vaishnav Institute of Social Sciences, Humanities and Arts**  
**Choice Based Credit System (CBCS) in Light of NEP-2020**  
**BA (Honors) Psychology**  
**Semester VI (Batch 2021-2024)**

COURSE CODE	CATEGORY	COURSE NAME	TEACHING & EVALUATION SCHEME								
			THEORY			PRACTICAL		L	T	P	CREDITS
			END SEM University Exam	Two Term Exam	Teachers Assessment*	END SEM University Exam	Teachers Assessment*				
<b>BA603</b>	<b>CC</b>	<b>Industrial/ Organizational Psychology</b>	<b>60</b>	<b>20</b>	<b>20</b>	<b>0</b>	<b>0</b>	<b>2</b>	<b>0</b>	<b>2</b>	<b>3</b>

Legends: L - Lecture; T - Tutorial/Teacher Guided Student Activity; P – Practical; C -Credit; Q/A–Quiz/Assignment/Attendance MST Mid Sem Test

**Course Educational Objectives (CEOs):**

- CEO1:** Define concepts, nature and principles of Organizational Behavior and Positive Organizational behavior in the light of its historical background,.
- CEO2:** Discuss factors affecting changes in behavior in various settings in organizations(individual, dyad, team, group dynamics and organization at large)
- CEO3:** Know the various types of leadership with the help of theories.
- CEO4:** Differentiate between Leadership and Authentic Leadership with ethics of leadership.
- CEO5:** Narrate key organizational development interventions

**Course Outcomes:**

- CO1:** Develop an understanding of Motivation, Leadership Organizational Culture
- CO2:** Utilize work attitude and job motivation in organizations.
- CO3:** Analyse organizational development interventions program
- CO4:** Utilize the knowledge of various types of leadership in organizational setting.
- CO5:** Demonstrate the techniques for improving QWL.

**Chairperson**  
Board of Studies  
Shri Vaishnav Vidyapeeth  
Vishwavidyalaya, Indore

**Chairperson**  
Faculty of Studies  
Shri Vaishnav Vidyapeeth  
Vishwavidyalaya, Indore

**Controller of Examination**  
Shri Vaishnav Vidyapeeth  
Vishwavidyalaya, Indore

**Joint Registrar**  
Shri Vaishnav Vidyapeeth  
Vishwavidyalaya, Indore



**Shri Vaishnav Vidyapeeth Vishwavidyalaya, Indore**  
**Shri Vaishnav Institute of Social Sciences, Humanities and Arts**  
**Choice Based Credit System (CBCS) in Light of NEP-2020**  
**BA (Honors) Psychology**  
**Semester VI (Batch 2021-2024)**

COURSE CODE	CATEGORY	COURSE NAME	TEACHING & EVALUATION SCHEME								
			THEORY			PRACTICAL		L	T	P	CREDITS
			END SEM University Exam	Two Term Exam	Teachers Assessment*	END SEM University Exam	Teachers Assessment*				
BA603	CC	<b>Industrial/ Organizational Psychology</b>	60	20	20	0	0	2	0	2	3

**BA603**

**Industrial/Organizational  
Psychology**

**Contents**

**Unit - I**

**Introduction:** Brief history of Industrial Psychology. Current status of organizational behavior; Industrial organizational behavior in the Indian context. Ethics in I/O psychology, Research in I/O psychology.

**Unit- II**

**Introduction to Work Related Attitudes & Work Motivation** (a) Job satisfaction; Job involvement; Psychological Contract; Work Engagement (b) Work Motivation:

**Unit-III**

**Leadership:** Nature and Characteristics of Leadership. Theories of Leadership: Trait theories, behavior theories of leadership; Contingency theories: Fiedler model and situational leadership theory; Path goal theory; Leader – member exchange (LMX) theory,

**Unit-IV**

**Group and group dynamics:** Meaning and characteristics, Types of groups, five- stage model, balance theory, exchange theory, Group processes and factors influencing group cohesiveness.

**Chairperson**  
Board of Studies  
Shri Vaishnav Vidyapeeth  
Vishwavidyalaya, Indore

**Chairperson**  
Faculty of Studies  
Shri Vaishnav Vidyapeeth  
Vishwavidyalaya, Indore

**Controller of Examination**  
Shri Vaishnav Vidyapeeth  
Vishwavidyalaya, Indore

**Joint Registrar**  
Shri Vaishnav Vidyapeeth  
Vishwavidyalaya, Indore



**Shri Vaishnav Vidyapeeth Vishwavidyalaya, Indore**  
**Shri Vaishnav Institute of Social Sciences, Humanities and Arts**  
**Choice Based Credit System (CBCS) in Light of NEP-2020**  
**BA (Honors) Psychology**  
**Semester VI (Batch 2021-2024)**

COURSE CODE	CATEGORY	COURSE NAME	TEACHING & EVALUATION SCHEME									
			THEORY			PRACTICAL			L	T	P	CREDITS
			END SEM University Exam	Two Term Exam	Teachers Assessment*	END SEM University Exam	Teachers Assessment*					
<b>BA603</b>	<b>CC</b>	<b>Industrial/ Organizational Psychology</b>	<b>60</b>	<b>20</b>	<b>20</b>	<b>0</b>	<b>0</b>	<b>2</b>	<b>0</b>	<b>2</b>	<b>3</b>	

**Unit-V**

**Positive Organizational Behavior:** Emotional Intelligence; Self-Efficacy; Quality of Work Life: Techniques for improving QWL; Grievance: Concept, Causes and Types of Grievance, Grievance handling procedure.

**List of Practicals-**

- Work Motivation
- Job Satisfaction
- Leadership Effectiveness Scale
- Job Involvement Scale
- Perceived Work Environment Scale
- Organizational Culture Scale

**Recommended Readings:**

- Aamodt, M. G. (2001). **Industrial Organizational Psychology**. India: Cengage Learning
- Greenberg, J. & Baron, R.A. (2007). **Behaviour in Organizations** (9th Ed.). India: Dorling Kindersley.
- Luthans, F. (2009). **Organizational behavior**. New Delhi: McGraw Hill.
- Muchinsky, P. (2006). **Psychology applied to work: An introduction to industrial and organizational psychology**. NC: Hypergraphic Press.
- Pareek, U. (2010). **Understanding organizational behaviour**. Oxford: Oxford University Press.
- Prakash, A. (2011). **Organizational behaviour in India: An indigenous perspective**. In
- G. Misra (Ed.), **Handbook of Psychology**. New Delhi: Oxford University Press.
- Singh, K. (2010). **Organizational Behaviour: Texts & Cases**.

<b>Chairperson</b> Board of Studies Shri Vaishnav Vidyapeeth Vishwavidyalaya, Indore	<b>Chairperson</b> Faculty of Studies Shri Vaishnav Vidyapeeth Vishwavidyalaya, Indore	<b>Controller of Examination</b> Shri Vaishnav Vidyapeeth Vishwavidyalaya, Indore	<b>Joint Registrar</b> Shri Vaishnav Vidyapeeth Vishwavidyalaya, Indore
<b>TEACHING &amp; EVALUATION SCHEME</b>			



**Shri Vaishnav Vidyapeeth Vishwavidyalaya, Indore**  
**Shri Vaishnav Institute of Social Sciences, Humanities and Arts**  
**Choice Based Credit System (CBCS) in Light of NEP-2020**  
**BA (Honors) Psychology**  
**Semester VI (Batch 2021-2024)**

							THEORY			PRACTICAL	
							ENDESEM University	Two Term Exam	Teachers Assessment*	ENDESEM University	Teachers Assessment*
<b>BAHN604</b>	<b>Compulsory</b>	<b>Minor Research Project II</b>	<b>0</b>	<b>0</b>	<b>6</b>	<b>3</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>30</b>	<b>20</b>

Legends: L-Lecture; T-Tutorial/Teacher Guided Student Activity; P-Practical; C-Credit;  
 \***Teacher Assessment** shall be based following components: Quiz/Assignment/ Project/Participation in Class, given that no component shall exceed more than 10 marks.

At the end of the semester the students who have opted for an honour's degree have to submit a research project II in the subject they wish to obtain an honours degree. The objectives of the course are:

- To check the ability of students in terms of their writing.
- To identify the problems of students in developing their writing skills.
- To gather the opinion of the teachers on their students' writing performance.
- To improve the writing skills of students' by suggesting some remedial measures.

<b>Chairperson</b> Board of Studies Shri Vaishnav Vidyapeeth Vishwavidyalaya, Indore	<b>Chairperson</b> Faculty of Studies Shri Vaishnav Vidyapeeth Vishwavidyalaya, Indore	<b>Controller of Examination</b> Shri Vaishnav Vidyapeeth Vishwavidyalaya, Indore	<b>Joint Registrar</b> Shri Vaishnav Vidyapeeth Vishwavidyalaya, Indore
---	---	---	---





**Shri Vaishnav Vidyapeeth Vishwavidyalaya, Indore**  
**Shri Vaishnav Institute of Social Sciences, Humanities and Arts**  
**Choice Based Credit System (CBCS) in Light of NEP-2020**  
**BA (Honors) Psychology**  
**Semester VI (Batch 2021-2024)**

COURSE CODE	CATEGORY	COURSENAME	L	T	P	THEORY			PRACTICAL		
						ENDSEM University Exam	Two Term Exam	Teachers Assessment*	ENDSEM University Exam	Teachers Assessment*	
<b>BAHN605</b>	<b>Compulsory</b>	<b>Comprehensive Viva</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>3</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>50</b>	<b>0</b>

**BAHN605**  
**Comprehensive Viva**

Viva voce will be conducted towards the end of the semester which will be covering the complete syllabus. This will test the student's learning and understanding during the course of their post graduate programme in doing so, the main objective of this course is to prepare the students to face interview both at the academic and the industrial sector.

**Course Educational Objectives (CEOs):** -The students will be able to:

- Provide an opportunity for students to apply theoretical concepts in real life situations.
- Enable students to manage resources, work under deadline, identify and carryout specific goal-oriented tasks
- Acquire speaking skills and capabilities to demonstrate the subject knowledge.

**Course Outcomes (Cos):** The students should be able to:

- Exhibit the strength and grip on the fundamentals of the subjects studied during the semester
- Comprehend for all the courses studied in the entire programme

**Chairperson**  
Board of Studies  
Shri Vaishnav Vidyapeeth  
Vishwavidyalaya, Indore

**Chairperson**  
Faculty of Studies  
Shri Vaishnav Vidyapeeth  
Vishwavidyalaya, Indore

**Controller of Examination**  
Shri Vaishnav Vidyapeeth  
Vishwavidyalaya, Indore

**Joint Registrar**  
Shri Vaishnav Vidyapeeth  
Vishwavidyalaya, Indore